

PEACE HOUSE OUTPATIENT GROUP

Seeking Strength through Safety

This Open group will provide information about PTSD, Substance Abuse, and how to develop SAFE coping skills to move through these experiences.

Seeking Strength through Safety will be held each **Thursday** from **12:00 - 1:00 PM** at the **Community Outreach office**.
1960 Sidewinder Dr.

Contact Jorden at

435-776-5769 or

Jorden@peacehouse.org

for more information.

